STAR OF THE VALLEY Catholic Church 495 White Oak Drive Santa Rosa, CA 95409

We members of Star of the Valley Parish gather around the central act of Catholic worship, the celebration of active participation in the Mass. As a Eucharistic centered people, we reach out to heal, console and listen in the spirit of truth and justice, with a preferential option for the poor, thus advancing as individuals and as a community into the image of Christ.

Pastoral Staff

Rev. Msgr. James Pulskamp, Pastor Rev. Patrick Leslie, Assisting Clergy

Contact Numbers

Parish Office Phone: 539-6262 Parish Office Fax: 539-8620 Answering service when the Office is closed. E-mail: sov@sonic.net Website: www.starofthevalley.org

Parish Office Hours

Monday–Friday, 8:30 a.m.-2:30 p.m. Located in the Msgr. Fahey Parish Center 495 White Oak Drive, Santa Rosa, CA 95409-5939* *This is the church and parish's mailing address. Sharon A. Charlton, Office Manager Anna Jean, Office Secretary

Welcome New Parishioners

Please sign the book next to the side door in the back of the Church.

Mass Times

Weekday Masses: Tuesday-Friday 8:00 a.m. Oakmont Gardens: Wednesday 10:30 a.m. Sunday Masses: Saturday 4:00 p.m. Vigil, Sunday 10:00 a.m.

Exposition of the Blessed Sacrament

After the 8:00 a.m. Mass on Wednesday until 9:30 a.m.

Sacrament of Reconciliation

Saturday from 3:00-3:30 p.m. and by appointment

Anointing of the Sick

For appointment, email or leave a message in the office.

Ministry to the Sick & Homebound

Call the office to arrange a visit by a Priest when a parishioner is homebound or hospitalized to arrange for Anointing of the Sick. Eucharistic Ministers to the homebound suspended.



August 28/29, 2021 Twenty-Second Sunday in Ordinary Time

Lip Service

When we hold our actions and beliefs to a higher standard and then fail to live up to them, it's human and sinful. But when we proclaim that we are holding up that higher standard at the same time that we are knowingly violating it, there is a fundamental dishonesty. It adds sin to sin and dishonors the very idea of virtue.

Sincerity & Truth

Jesus was constantly trying to get people to see and understand that mere observance of the law was not what pleased God. What is in the heart is what is most important. This does not mean that good intentions justify bad actions! We humans are complicated. We are capable of creating huge and complex human structures that are just difficult enough to convince us that we are following some right "way" and that others are not. God's laws are simple: love God, love your neighbor as yourself. There is no need to complicate love.

Jesus points out that real uncleanness comes from within a person. Evil intentions and every kind of bad behavior have their roots in our inner sinfulness, our selfishness. That is what Jesus came to save us from. We cannot, by our own devices, be better people. We are dependent on God for the necessary change of heart that will result in good and loving actions. God freely offers us this help, if only we would stop hiding behind the screen of self-righteousness. If we are humble enough to recognize our own selfishness, and loving enough truly to care for the well-being of others, we will be able to fulfill both the letter and the spirit of the law.



Sunday, August 28/29, 2021 Scripture Readings

Reading I: *Deuteronomy 4:1-2, 6-8*— You shall not add to what I command you... keep the commandments of the Lord.

Responsorial: *Psalm* 15–The one

who does justice will live in the presence of the Lord. **Reading II:** *James 1:17-18, 21b-22, 27*—Be doers of the word.

Gospel: *Mark* 7:1-8, 14-15, 21-23—You disregard God's commandments but cling to human tradition.

Today's scriptures challenge us to a living faith, that is, a faith that is authentic because it leads to selflessness. All three readings teach that tradition. Religion is lifegiving only if it prompts us to more fervent love of God translated into practical love of our neighbor. In Deuteronomy, Moses exhorts Israel to observe God's commandments carefully, not adding to or subtracting from them. The Responsorial Psalm defines this "observance" more specifically; doing justice, speaking truth, not slandering or harming, lending generously, not acting with duplicity.

When Jesus chastises the Pharisees, it is not for fidelity to ritual tradition, but for failing to translate external observance into inward commitment, and then inward commitment back into outward charity. For Jesus, as for the Torah, worship, charity, and justice are inseparable. Our love of the invisible God becomes visible in mutual respect, public and personal integrity, generosity, and humility. Only when words are matched by deeds and rituals by righteousness will we be "a wise and intelligent people," not "hypocrites."



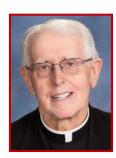
Building & Grounds Overseer Needed

If the hat fits—the job is yours. Would you like to serve Star of the Valley Parish by sharing your experience gained from being a business or homeowner? Do you

or others consider you as having handyman or handyma'am talents? We need someone or a team, men and/or women, who will be available to help with coordinating and implementing repairs, maintenance, and new installations for the parish's buildings, grounds, and landscaping.

Please call the parish office during the week to volunteer, and for more information.

EMs:	This Weekend - 4:00 p.m. Jan Rosshirt	- August 28–29 10:00 a.m. Cristina Wadsworth
Lector:	Ted Rosshirt	Rosemary Haver
Server:	Jim Warman	Jack Krause
Greeters:	Jan Rosshirt Ted Rosshirt	Audrey Engen Gene Engen



Farewell to Fr. Pat

Join us for a reception after his final Mass at Star of the Valley.

5.00 p.m., Saturday, August 28 Parish Center Parking Lot

The Msgr. Fahey Parish Center parking lot will be closed off for the reception. Please park in the Polo Field or bank parking lots.

A basket will be available to hold cards for Fr. Pat.



SERVICE OPPORTUNITIES Urgent Need for Ushers at 4:00 Saturday Masses

Men and women, you're in church for Mass anyway, so why not serve the Lord by helping your parish at



the same time? Please sign up before or after the 4:00 Saturday Mass with Mike Apicella, or contact the office for more information about taking the collections at Mass, and to participate in this important ministry.

More Greeters Needed at 4:00 Masses Please call Donna Forst at 707-978-2511 or 707-775-9241 to volunteer for this valuable ministry at Star of the Valley.





Church Decorators Needed

Please join our team of parishioners who take turns putting flowers in the church. Many silk arrangements are available to use, or fresh flowers may be bought with the parish's flower funds. Please call the parish office to be of service in this ministry.

Next Weekend –	September 4–5
4:00 p.m.	10:00 a.m.
Dennis Sabourin	Jackie Kenilvort
Karen Schraga	Mimi May
Micki Sabourin	Jim Warman
Justine Haugen	Sue Cummings
Jackie Kenilvort	Tim Cummings



MASS INTENTIONS— AUGUST 28-SEPTEMBER 5

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Sat	28	4:00	Intention of All Firefighters (Jackie		
			Kenilvort)		
Sun	29	10:00	†Juanita Lyman (Msgr. Pulskamp)		
Mon	30		No Mass		
Tue	31	8:00	†Vic Fryling (Msgr. Pulskamp)		
Wed	1	8:00	For the People of the Parish		
		10:30	Mass at Oakmont Gardens		
Thurs	2	8:00	†Janie Ciabattoni (Bill & Jill		
			Wallace)		
Fri	3	8:00	Intention of Chris Ferarri (Bill & Jill		
			Wallace)		
Sat	4	4:00	†Bob Personette (Fred Cunha)		
Sun	5	10:00	†Richard Muzio, Jr. (Richard Muzio)		

Please keep the sick in your prayers: Gail Barrett, Gloria Cerutti, Ron Charlton, Lola Danielli, Patricia Daniels, Fran Dias, Fran Evans, Yvonne Hanlon, Mary Jo Henrikson, Bette Johnson, Trula La Calle, Maureen Latimer, Charles Marchese, Eve Marcucci, Carolyn McKenna, Leo McKenna, Jacqua Miller, Liz Mullins, Lea Nelson, Mimi O'Connor, Karen O'Malley, Peggy Pavone, Richard Peterson, Ray Pregent, Janet Pyne, Joel Rivera, Phyllis Rogers, Angela Saul, Kara Sewale, Bart Taylor, Ed Turpin, Mercedes Vegvary, Claire Vincent, William Wallace, Jim Warman, Frances Waska, and Dolores Zeni, Also pray for those who have died: Bob Marotto.

Second Collections

This weekend's special emergency collection is for Relief for Haiti. Next weekend the second collection will be for **Diocesan Seminarians**.

NEWS OUTSIDE THE PARISH Art Opening–Metamorphosis

Join us at the Journey Center, 1601 4th Street #A, Santa Rosa, in celebrating the beautiful work of Suzanne deVeuve! Drop in between 3:00 p.m. and 5:00 p.m. on Sunday, August 29, to enjoy the gallery of stunning art and refreshments. Hear from the artist on her process and inspiration.



Meditation in the Garden

Led by Star of the Valley parishioner. Marcella Fox, Meditation in the Garden draws on reflections from the wisdom of universal teaching. All are welcome. The final talk will be held at the Kenwood Community Church. 9637 Channing Row, Kenwood, CA, on Monday:

August 30 4:00-4:30 p.m. Rumi



Volunteer in our community.

Volunteer at our warehouse by gleaning and package fresh produce, assemble grocery boxes, and sort pantry items for distribution. Or, volunteer at a Distribution Site, providing food to those facing hunger. Call 707-523-7900.

Christ's Two Commandments

How well do we love God and others? Do we love as Christ calls us to? In the Gospel of Matthew, Christ gives us Two Commandments: "He said to him, 'You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself. The whole law and the prophets depend on these two commandments'" (Mt 22:37-40).

Not sure what love is? St. Paul describes it for us in his Letter to the Corinthians. Is this how you love God and others? "Love is patient, love is kind. It is not jealous, [love] is not pompous, it is not inflated, it is not rude, it does not seek its own interests, it is not quicktempered, it does not brood over injury, it does not rejoice over wrongdoing but rejoices with the truth. It bears all things, believes all things, hopes all things, endures all things. Love never fails" (1 Cor 13:4-8).

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NEWS OUTSIDE THE PARISH



For Those Grieving the Loss of a Loved One

Holy Spirit Catholic Church,

on St. Francis Road in Santa Rosa, will be hosting a weekly grief support group on Wednesdays, from 6:30–8:30 p.m., starting September 15 through December 15, 2021. This will be a thirteen-week Grief-Share program that you are welcome to begin attending at any point. Each session is "self-contained," so you do not have to attend in sequence. (FYI, see the posters on the bulletin board in church.) To register or for more information call 707-539-4495.

Serenity In the Time of Uncertainty

Thomas P. Bonacci, C.P. will share his reflections as we come together to share our wisdom and experiences on this Online Day of Spirituality for people in recovery, Friday, September 24, 2021, 10:30 a.m.-2:00 p.m.

Fee \$35. For questions, please email retreatctk@passionist.org or call 916-725-4720 ext. 307. To register, click on Online Retreat, or visit https://christthekingretreatcenter.org/.

Santa Rosa Religious Education Congress

On Saturday, September 25, 2021, the Diocese of Santa Rosa will present a day of prayer and fellowship for all adults in the Diocese at Cardinal Newman High School, 50 Ursuline Rd., Santa Rosa. The theme is "Praying Always."

The day will begin at 9:00 a.m. in the gym with Holy Mass by Bishop Robert F. Vasa. A variety of speakers will be presented throughout the day. This is a onetime offer due to COVID19 restrictions this event is FREE. For more information or to register, please contact Carmen Aanenson at the Diocesan Dept. of Rel. Ed.: 707-566-3366, email dre@srdiocese.org, visit

www.santarosacatholic.org, or ask your local parish.

A Brief Examination of Conscience

Based on the Ten Commandments

1 I am the Lord your God: you shall not have strange Gods before me.

Have I treated people, events, or things as more important than God?

2 You shall not take the name of the Lord your God in vain.

Have my words, actively or passively, put down God, the Church, or people?

3 Remember to keep holy the Lord's Day.

Do I go to Mass every Sunday (or Saturday Vigil) and on Holy Days of Obligation? Do I avoid, when possible, work that impedes worship to God, have joy for the Lord's Day, and make time for proper relaxation of mind and body? Do I look for ways to spend time with family or in service on Sunday?

4 Honor your father and your mother.

Do I show my parents due respect? Do I seek to maintain good communication with my parents where possible? Do I criticize them for lacking skills I think they should have?

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5 You shall not kill.

Have I harmed another through physical, verbal, or emotional means, including gossip or manipulation of any kind?

- 6 You shall not commit adultery. Have I respected the physical and sexual dignity of others and of mvself?
- 7 You shall not steal. Have I taken or wasted time or resources that belonged to another?
- 8 You shall not bear false witness against your neighbor.

Have I gossiped, told lies, or embellished stories at the expense of another?

- 9 You shall not covet your neighbor's spouse. Have I honored my spouse with my full affection and exclusive love?
- 10 You shall not covet your neighbor's goods. Am I content with my own means and needs, or do I compare myself to others unnecessarily?



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