

STAR OF THE VALLEY Catholic Church

**495 White Oak Drive
Santa Rosa, CA 95409**

We members of Star of the Valley Parish gather around the central act of Catholic worship, the celebration of active participation in the Mass. As a Eucharistic centered people, we reach out to heal, console and listen in the spirit of truth and justice, with a preferential option for the poor, thus advancing as individuals and as a community into the image of Christ.

Pastoral Staff

Rev. Msgr. James Pulskamp, Pastor

Contact Numbers

Parish Office Phone: 707-539-6262

Answering service when the Office is closed.

E-mail: sov@sonic.net

Website: www.starofthevalley.org

Parish Office Hours

Monday–Friday, 8:30 a.m.-2:30 p.m.

Located in the Msgr. Fahey Parish Center

495 White Oak Drive, Santa Rosa, CA 95409-5939*

*This is the church and parish's mailing address.

Sharon A. Charlton, Office Manager

Anna Jean, Administrative Assistant

Welcome New Parishioners

Please sign the Newcomers Register next to the side door in the back of the Church.

Mass Times

Weekday Masses: Tuesday-Friday **8:00 a.m.**

Oakmont Gardens: Wednesday **10:30 a.m.**

Sunday Masses:

Saturday **4:00 p.m. Vigil**, Sunday **10:00 a.m.**

Sacrament of Reconciliation

Saturday **from 3:00-3:30 p.m.** and by appointment.

Anointing of the Sick

For appointment, email or leave a message in the office for Anointing of the Sick by a Priest when someone is hospitalized or homebound.

Ministry to the Sick & Homebound

Call the office to arrange visits by a Eucharistic Minister for Holy Communion when someone is homebound.



March 18/19, 2023—Fourth Sunday of Lent

Other Children of the Light

Some early Christians gave the woman at the well from last week's Gospel the name "Photina," which means "she who has received light." We hear another story from John's Gospel today about someone who receives light, is enlightened. The man blind from birth receives the light of Christ by having the barrier of his blindness removed. In Jesus' day, being blind from birth was an important distinction to make: if one were blinded by an accident, it was not necessarily viewed as God's displeasure with one's sinfulness. But birth blindness was thought of as a sign of sinfulness, even a sign of the sinfulness of the individual's parents. Jesus breached the religious code and teaching of his day twice: by removing the obstacle purportedly placed there by God as a sign of the presence of sin, and doing so by committing the "sin" of working on the Sabbath, making mud to heal the blind man.

After the man born blind was healed, he could have done any number of things. He could have used his newly-received sight for good or for ill, or he could have just said "thanks" and gone on his way. When we receive the light of Christ in baptism, as well as God's anointing Spirit (as does David in today's first reading), we join the community of faith that professes Jesus Christ as the Light from Light, true God from true God. We are part of the Body of Christ—the church—who glorify God and worship Christ, as does the man born blind today. But we are called upon to do more. Ephesians tells us that we, who were blind but now see, are called to live, day by day, as children of that light. We don't just say "thanks" for our baptism. Rather, our vocation is to live out that thanks by doing deeds of light, by spreading the gospel of the joy, justice, beauty, and peace we find in Jesus. This is one of the intentions of our Lenten discipline, to help us leave behind the deeds of darkness and to live out the light of the Good News.



Sunday March 19, 2023

Fourth Sunday of Lent

Scripture Readings

Reading I: 1 Samuel 16:1, 6-7, 10-13—Samuel anointed David to be king.

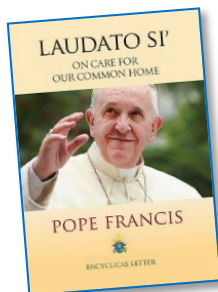
Responsorial: Psalm 23—The Lord is my shepherd; there is nothing I shall want.

Reading II: Ephesians 5:8-14—Rise from the dead, children of light.

Gospel: John 9:1-41—I know this much; I was blind, but now I see.

Grumble Not

If Christians spent as much time praying as they do grumbling, they would have nothing to grumble about.



A Lenten Reflection

The Star of the Valley
Women's Circle and Pastoral Council
invite you to view
Laudato Si'
(Praise Be to You),
the letter from Pope Francis
to the whole world.

Video & Discussion
Wednesday, March 22
4:00-6:00 p.m.

Monsignor Fahey Parish Center

There will be refreshments
and all are welcome.



No RSVP needed.

Women's Circle

MASS INTENTIONS—MARCH 18-26

Sat	18	4:00	Intention of Irene Beagle (Frances Waska)
Sun	19	10:00	†Mary Ellen Damato (Bill & Terry Cutler)
Mon	20		No Mass—Pray a Rosary
Tue	21	8:00	†Louis Mambretti (Diana Mambretti)
Wed	22	8:00	†Edward Sosnowski (Barbara & Fritz Spotleson)
		10:30	O.G. For the People of the Parish
Thurs	23	8:00	†Henry Branco (Diana Cornell)
Fri	24	8:00	Intention of Rene Choquette (Diana Cornell)
Sat	25	4:00	†Bernie Pistilli (Bill & Terry Cutler)
Sun	26	10:00	†Patrick Gunning (Myrtle Gunning)

Please keep the sick, and those in need, in your prayers: God of all goodness, look with mercy on all who suffer any kind of infirmity, sickness or injury, that they may be comforted. J-3, Gail Barrett, Ruth Beauchamp, Mike Cusack, Lola Danielli, Fran Dias, Audrey Engen, Fr. Paul Fitzpatrick, Marcy Fox, Mary Gorrell, Yvonne Hanlon, Mary Jo Henrikson, Barbara Hoffman, Maureen Latimer, Pat Marabella, Eve Marcucci, Roberta McElroy, Carolyn McKenna, Bill McNeany, Nancy McNeill, Lea Nelson, Karen O'Malley, Tobi O'Neill, Lauri Paolinetti, Pricilla Peralejo, Richard Peterson, Jill Ramage, Angela Saul, Magda Shelton, Elaine Smith, Bob & Barbara Spaulding, Oceana Spotleson, Claire Vincent, and Dolores Zeni.

Also pray for those who have died: Jack Luceti



Lenten Sacrifice

So, there is this small town, so small it has one bar. One evening a new guy in town enters the bar and orders three beers, goes to a table and drinks. The next night he comes in again, orders three beers, goes to a table and drinks. This goes on for a while and the

bartender asks, "so, you come in each night, and order three beers, what's with that?" The young man says, "at home my two brothers and I would share a beer in the evening. When I left home, we promised each other that wherever we were, we would share a beer." "Oh, nice."

Then one night the young man comes in and orders two beers. Oh no, thinks the bartender. The next night the young man comes in and orders two beers. The bartender says, "Oh, I'm sorry for your loss." The young man looks at the bartender and says "Loss? What loss?" "Well three brothers, three beers, now two beers "... "Oh no," says the young man, "I just gave up beer for Lent."

This Weekend — March 18-19

4:00 p.m.

10:00 a.m.

EMs:	Dennis Sabourin	Kar Hofmann
Lectors:	Karen Schraga	Connie Pearson
Servers:	Micki Sabourin	Drew Hofmann
Greeters:	Jan Rosshirt Ted Rosshirt	Donna Forst & Cricket Marietta Mancuso
Ushers:	Jan Rosshirt	Rick Ragan

Next Weekend — March 25-26

4:00 p.m.

10:00 a.m.

Linda Luceti	Cristina Wadsworth
Len Marabella	Mimi May
Bev Shelhart	John Dolan
Cathy Hardy	Mary Bell
Pete Hardy	Esther Dolan
TBD	Clarence Younger



PARISH EVENTS—MARCH 18–26

March 21, 4:00 Bingo & Lasagna Soup—Parish Center

March 22, 4:00 Lenten Reflection—Parish Center

March 23, 1:30 Finance Council Meeting—Zoom

Weekly Collection Report

In case you're wondering why we have been operating in the **RED**:

Feb. 26	Mar. 5	Mar. 12	Weekly Goal
\$4,674	\$4,557	\$4,319	\$5,365

Note: The amounts consist of First collections, Parish Repair & Maintenance, and Holy Day collections received during the preceding week and weekend.

Thank you for your continued support.

Second Collections

This weekend's second collection will be for **Catholic Relief Services and the Catholic Campaign for Human Development**. Next weekend's second collection will be for **Neighbor-to-Neighbor**.

Catholic Relief Services & Catholic Campaign for Human Development

Please be generous in this weekend's second collection for **Catholic Relief Services & Catholic Campaign for Human Development**. In the United States, more than 11% of the population lives in poverty. Through this collection, you support programs that address the root causes of poverty and provide a sustainable future for those struggling across the country. In addition, 25% of the funds we collect remain in our diocese to fund local anti-poverty projects.

When you contribute to this collection, you also strengthen programs that meet the immediate material needs of refugee families, empower and train future leaders who work to build peace and stability in countries like South Sudan, Uganda, Syria, Turkey, and Niger. Please prayerfully consider how you can support those working on the margins.

AMA **Annual Ministry Appeal 2023**
To date, \$14,691 has been pledged, bringing us to 52% of Star of the Valley parish's goal. Thank you!

If you have not already pledged or contributed to this year's AMA, please do so today. We are counting on you.

Our parish goal is **\$28,352**. If it is not met with our donations, funds will have to come out of our parish's resources to make up the difference. Any amount raised over the goal will be returned to our parish as a rebate.

It is not too late to participate. Please use the envelopes available in the church (be sure to write **Star of the Valley** on the parish line,) or give online at srdioocese.org.

2022 EOY
STATEMENTS
NOW AVAILABLE

2022 Contribution Statements

If you would like a Contribution Statement of your donations to Star of the Valley Church in 2022, please contact the office by phone at 707-539-6262, or email sov@sonic.net.

Prudence Is My Co-Pilot

Some of us can still recite the four Cardinal Virtues: prudence, justice, fortitude, and temperance. They're good not just to recite but also to practice. Virtues are good habits; i.e., things we *don't* have to surrender for Lent. *Cardinal*, meanwhile, means "hinge." Put together, the four hinge virtues swing open the door to a life well lived. Prudence is called the pilot of the virtues because it enables us to discern the good and how best to accomplish it. When a decision is important, reflect on it through the lens of scripture. How is God inviting you to proceed?

Confession Heals the Soul

Catholics are encouraged to partake of the sacrament of Reconciliation (Confession) as much as possible, but especially during Lent, because confession is good for the soul. None of us is perfect, and all of us carry burdens that could be lightened through honest reflection and repentance. Other religions include a confessional practice as well, attesting to the universal need: Jews confess "We have sinned" in the Yom Kippur service. Confession is part of the Hindu *Prāyaścitta*. In Islam, the act of seeking forgiveness from God for sins is called *Istighfar*. Buddhist monks confess their sins to other monks.

Find time for Confession. You'll feel better for it. Star of the Valley Church is open on **Saturdays, from 3:00-3:30 p.m.**, and on Wednesday, **April 5 from 2:30-4:00 p.m.** for the Sacrament of Reconciliation.



& Lasagna Soup

4:00 p.m., Tuesday, March 21

Msgr. Fahey Parish Center, 495 White Oak Drive

Dinner: \$8

Bingo Cards: \$2 each

All are welcome. If you don't play bingo, come for dinner at 5:15 p.m. (approx.)

Dinner: Lasagna Soup, Bread & Dessert



Locked Mailbox— Push, Don't Pull

When depositing envelopes into the locked mailbox outside the Msgr. Fahey Parish Center, **please push**

the louvred drop slot at the top. Do not pull on the lower portion to open as this weakens the locking mechanism. Thank you.



Holy Thursday PILGRIMAGE

The Holy Thursday Pilgrimage on **April 6**, starting from Star of the Valley Church and ending at St. Eugene's Cathedral, will begin at 8:30 a.m. with an opening prayer before ascending Trione-Annadel State Park into Spring Lake Park, and then onto Montgomery Drive with an ETA at St. Eugene's of 3:00 p.m. We'll pause for prayer and reflection along the way. This 9.5-mile route will cover Stage #2 of the Camino de Sonoma. Register and get information on the Diocese Facebook page or email Stephen Morris at dsryouth@srdiocese.org.



NEWS OUTSIDE THE PARISH



Journey Center Course Offered

A wonderful 6-week online course starting Wednesday, **March 29**, that will dive into the Internal Family Systems principles—**Healing with Parts Work**: A deep dive into parts work inspired by Internal Family Systems (IFS) Principles. This course is for people brand new to IFS and

those seasoned practitioners. It has been said that to grow spiritually, one must also be growing emotionally. They are very much connected. It really is a rich, healing and expansive way to be in the world. I hope you can check it out. [Click here](#) for more information or visit www.journeycentersantarosa.org and click on Events.



Upcoming Los Altos Retreats

March 24-26 *The Spirituality of Caring for the Earth: Living Happily with Less* led by Fr. John Auther, S.J.

March 24-26: *Stories Unique to the Gospel of John* led by Ms. Ann Grycz and Fr. Chi Ngo, S.J.

Register at <https://www.jrclosaltos.org/>.

Inseparable

Faith and works are like the light and heat to a candle; they cannot be separated. —Anonymous

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Mike & Leila O'Callaghan

CENTURY 21 Oakmont
6580 Oakmont Drive
707-888-6583 cell
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707-539-2921
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