

STAR OF THE VALLEY Catholic Church

**495 White Oak Drive
Santa Rosa, CA 95409**

We members of Star of the Valley Parish
gather around the central act of Catholic worship,
the celebration of active participation in the Mass.
As a Eucharistic centered people, we reach out to heal,
console and listen in the spirit of truth and justice,
with a preferential option for the poor,
thus advancing as individuals and
as a community into the image of Christ.

Pastoral Staff

Rev. Msgr. James Pulskamp, Pastor

Contact Numbers

Parish Office Phone: 707-539-6262

Answering service when the Office is closed.

E-mail: sov@sonic.net

Website: www.starofthevalley.org

Parish Office Hours

Monday–Friday, 8:30 a.m.-2:30 p.m.

Located in the Msgr. Fahey Parish Center

495 White Oak Drive, Santa Rosa, CA 95409-5939*

*This is the church and parish's mailing address.

Sharon A. Charlton, Office Manager

Anna Jean, Administrative Assistant

Welcome New Parishioners

Please sign the Newcomers Register
next to the side door in the back of the Church.

Mass Times

Weekday Masses: Tuesday-Friday **8:00 a.m.**

Oakmont Gardens: Wednesday **10:30 a.m.**

Sunday Masses:

Saturday **4:00 p.m. Vigil**, Sunday **10:00 a.m.**

Sacrament of Reconciliation

Saturday **from 3:00-3:30 p.m.** and by appointment.

Anointing of the Sick

For appointment, email or leave a message in the office
for Anointing of the Sick by a Priest
when someone is hospitalized or homebound.

Ministry to the Sick & Homebound

Call the office to arrange visits by a
Eucharistic Minister for Holy Communion
when someone is homebound.



March 16/17, 2024—Fifth Sunday of Lent

Jesus' Ministry Summarized

In the story of the raising of Lazarus from the dead, we find a summary of most of Jesus' ministry. We see his human nature as he is moved by Martha and Mary's sorrows and as he himself weeps at the tomb of Lazarus. He explains to his followers that the death of Lazarus will serve as a sign of the glory of God. He crowns the miracles he works in John's Gospel by raising Lazarus from the dead—a "preview," if you will, of his own death and resurrection to come. This portrait of Jesus reminds us that he is with us, knows us, understands us in every moment of our lives. He knows the joy of our human feasting; he knows the sorrow of our weeping. As we prepare to walk with him through the days of Holy Week, we are filled with faith that—through Christ—God's glory will be with us in every moment of our lives and—with Christ—in our life everlasting.

Living in the Light & Life

We have been following, in John's Gospel, the road to Jesus' destiny—to the place where the Father would be given the ultimate glory in his passion, death, and resurrection. Sometimes we need Jesus to walk that same sort of road with us. We may think that a life situation, illness, or ailment is somehow a retribution for some wrong that we have done, and we must seek Jesus Christ to take us past that moment into a place of healing. When death itself enters or touches our lives somehow, we are called upon to place our ultimate trust and faith in Jesus Christ alone. He can take our chiding for not making our lives tribulation-free; but beyond that he can weep with us. He can be with us in the most woeful times of darkness and death, and transform them into God's glorious day of resurrected new life. When we are filled with faith in the Resurrection and Life, then we also will live and reign with him in everlasting glory.



Sunday, March 17, 2024

Fifth Sunday of Lent

Reading I: *Ezekiel 37:12-14*—I will put my spirit in you that you may live.

Responsorial: *Psalm 130*—With the Lord there is mercy and fullness of redemption.

Reading II: *Romans 8:8-11*—The life-giving Spirit dwells in us.

Gospel: *John 11:1-45*—I am the resurrection and the life.

Pun Fun—They say with age comes wisdom, so therefore, I don't have wrinkles, I have wise cracks.

MASS INTENTIONS—MARCH 16-24

| | | | |
|-------|----|-------|--|
| Sat | 16 | 4:00 | † Bob Waska (Frances Waska) |
| Sun | 17 | 10:00 | † Charlie O'Callaghan (Bill & Terry Cutler) |
| Mon | 18 | | No Mass—Pray a Rosary |
| Tue | 19 | 8:00 | † Agnes Apicella (Linda Johnson) |
| Wed | 20 | 8:00 | † Carmelita Guevara (Liza Peters) |
| | | 10:30 | O.G. For the People of the Parish |
| Thurs | 21 | 8:00 | † Isabel Frimmersdorf (Virginia Taylor) |
| Fri | 22 | 8:00 | † Leo Marabella (Len Marabella) |
| Sat | 23 | 4:00 | † Isabel Frimmersdorf (Joey Cuneo) |
| Sun | 24 | 10:00 | † Paul Maselli (Richard Muzio) |

Please keep the sick and those in need in your prayers: Gail Barrett, David Charlton II, Lola Danielli, Marcy Fox, Roberta McElroy, Agnes Orser, Lauri Paolinetti, Pricilla Peralejo, Magda Shelton, Bob & Barbara Spaulding, Marilyn Warman, and Dolores Zeni. Also pray for those who have died.

Prayer List

Call the office at 707-539-6262 if you wish to have someone remain on the prayer list above, or to add someone to the list. Each name will remain for four weeks from the time we receive a request unless we hear otherwise. Thank you.

Pray The Mercy Mantra

Gregory Palamas, a saint of the Eastern Orthodox, Melkite, and Ukrainian Catholic Churches, taught that the use of the Jesus Prayer: "Lord Jesus Christ, Son of God, have mercy on me, a sinner" prepares one to receive the grace-filled light of the Lord. This short, formulaic prayer has its roots in the parable of the Pharisee and the Tax Collector (Luke 18:9-14.) Saint John Paul II repeatedly cited Palamas as one of the great spiritual writers of history. Today, join with John Paul II and Palamas in heaven and the multitude of Catholics throughout the world who recite this spiritual mantra over and over again seeking the Lord's mercy.

Stations of the Cross

During Lent you are encouraged to do personal Stations of the Cross by using the handout on the Divine Mercy counter near the vigil lights in the back of the church.



This Weekend — March 16-17

4:00 p.m.

10:00 a.m.

EMs: Jan Rosshirt Cristina Wadsworth

Lector: Ted Rosshirt Bowman Olds

Server: Dennis Sabourin Jim Warman

Greeters: Cathy Hardy Tim Burkhard
Pete Hardy Kathy McKeon

Ushers: Judy Rodgers Tim Burkhard

Next Weekend — March 24-25 — Palm Sunday

4:00 p.m.

10:00 a.m.

Blanche Kaiser Liz Garcia

Lector 1: Connie Pearson Mike Hanlon

Lector 2: Len Marabella Don Forst

Lector 3: Bob Zeni Martin Kilgariff

Connie Montague John Dolan

Bob Chapman Dick D'Oliva

Pat Chapman Vi D'Oliva

Kathleen Beirne Rick Ragan



PARISH EVENTS—MARCH 16–23

Tuesday, March 19, Pastoral Council Meeting—Bello Rm.

Thursday, March 21, 5:00 Irish Dinner—Parish Center

Weekly Collection Report

| Feb. 25 | March 3 | March 10 | Weekly Goal |
|---------|---------|----------|-------------|
| \$4,842 | \$5,850 | \$5,130 | \$5,365* |

Note: The amounts consist of First collections, Parish Repair & Maintenance, and Holy Day collections received during the weekend and preceding week.

*Needed to help meet monthly expenses.

Second Collections

This weekend's second collection will be for **Neighbor-to-Neighbor**.

Neighbor-to-Neighbor

Star of the Valley's Neighbor-to-Neighbor Program supports those in need in our community. From your donations to our six Neighbor-to-Neighbor collections each year, and non-perishable food items dropped off at the Monsignor Fahey Parish Center, we help individuals and families who come to our Nick's Pantry. And at Christmas time we serve approximately 200 families in need.

**2023 EOY
STATEMENTS
NOW AVAILABLE**

2023 Contribution Statements

If you would like a Contribution Statement of your donations to Star of the Valley Church in 2023, please contact the office by phone at 707-539-6262, or email sov@sonic.net.

AMA

Annual Ministry Appeal 2024

The work of the *Annual Ministry Appeal* (AMA) is at heart your work, the work to which you are oriented by your Baptism: the service of God through service of your brothers and sisters in Christ. By making a gift to the AMA, you are able to touch souls and change lives throughout our diocese.

Thank you to all who have already pledged or contributed, moving us closer to our goal as a parish community. Our parish target this year is \$25,500 (less than last year's target.). Our parish receives 100% of what we raise over this goal. Every gift is sincerely appreciated!



Lenten Almsgiving Opportunity

Anyone, men and women, interested in the important ministry of Ushers, and wanting to help take collections at Saturday, Sunday, or weekday holiday liturgies, please contact the parish office at 707-539-6262.

Dieting

Your diet is not only what you eat.

It is what you watch, what you listen to, what you read, and the people you hang around.

Pay attention to what you feed your soul, not just your stomach.

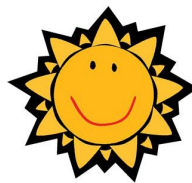
Choose Joy

Response to A Lenten Reflection

Our Lenten Reflection was a resounding success. At least seventy-five parishioners attended the event, which featured Sister Joann Heinritz, a Sister of St. Joseph of Carondelet, and Marcy Fox, one of our own parishioners. Both Sister Joann and Marcy were inspiring and engaging, offering an interactive session about how we can deepen our spirituality during the season of Lent. Sister Joann talked about two distinct visions of Lent, one emphasizing deprivation and a second vision that emphasized the idea of being a "blessing." Sister Joann encouraged us to view ourselves as a blessing and to look at how we can be a blessing to others during the Lenten season.

Marcy told us many stories, including her own story of fighting cancer, while emphasizing how we must keep our eyes open, our ears attentive, our spirit alert and our shirt sleeves rolled up. This was an effective mantra showing us how we need to reach out beyond ourselves to help others and truly live the Lenten spirit. Both Sister Joann and Marcy left us with so much to think about and follow through with during the next weeks of Lent and throughout the whole Easter season.

A tremendous thank you to Marcy, Sister Joann, and the spiritual committee of the Women's Circle for developing the Lenten reflection, and to all the helpers who set up the refreshments in the Quiet Room, brought cookies and assisted in the event.



Need a Little Sunshine?

The Women's Circle has a Sunshine Committee that would like to send a card to anyone who needs prayer or a little sunshine in their life due to illness or loss of a loved one. Please call any of our Sunshine Ladies: Terry Cutler at 707-280-9995; Paula Scull at 760-809-2760; Carole Kilgariff at 415-370-2083; or Janet Rosshirt at 707-293-4256.



Ministry to the Homebound

Eucharistic Minister Home Visitors bring Communion to those in our community who are too sick to come to church for Mass on the weekends. Please call the parish office during the week to request visits.



North Coast Catholic Magazine

The March issue of the NCC is now available at the back of the church and in the Msgr. Fahey Parish Center. This month's edition features all the Catholic schools in the diocese. Be sure to read *Beautiful Suffering* on page 3.

Please Support Our Advertisers

Please check out our advertisers on the back of the bulletin. If you, or anyone you know, would like to advertise in our bulletin, please call the office at 707-539-6262.



Planned Giving

Regardless of your current income, with foresight and planning, you can continue to give to Star of the Valley Parish far into the future.

Gifts may be in the form of cash, property, investments or a portion of an estate. In many cases there can be significant tax advantages.

For more information, pick up a *Heritage Friends Planned Giving Statement of Intent* at the Msgr. Fahey Parish Center, or go to our parish website. Talk with your attorney, accountant or financial advisor to help you determine the type of gift that is right for you and how you might include Star of the Valley Parish in your estate planning.

NEWS OUTSIDE THE PARISH

Annual Mass of the Chrism

The Most Reverend Robert F. Vasa, Bishop of the Diocese of Santa Rosa, along with the Diocesan and Religious priests of the Diocese invite you to participate in the annual Mass of the Chrism at the Cathedral of St. Eugene in Santa Rosa on Thursday, **March 21**, 2024 at 5:30 p.m.

The bishop blesses the oil of Catechumens, the oil of the Sick and the oil of Chrism. This Mass is one of the principal expressions of the fullness of the ministerial priesthood that the bishop has received. It also signifies the unity the priests have with the bishop who share in the same ministerial priesthood. During this Mass, the Diocesan and Religious priests will renew their commitment of priestly service.

A Guide to Holy Week:

The Week that Changed the World

Join Dr. Tim Gray, president of the Augustine Institute, for a spiritual reflection to prepare your hearts for Holy Week. He will provide practical tips and guidance for entering into Christ's journey of suffering, sacrifice, and resurrection. Deepen your faith this Lent and Holy Week with the Augustine Institute and Dr. Gray. This webinar is a free sneak peek of our monthly Mission Circle webinar series. Secure your spot today to join us on Thursday, **March 21**, at 2:00 p.m. (Mountain Time), 1:00 p.m. (Pacific Time) or to receive a recording of the webinar later. Register for free at <https://bit.ly/3Vf3Nwz>

Young Men's Institute #40—Polenta Dinner

All are invited to a Polenta Dinner on Saturday, **March 23**, 5:00 p.m. at St. Eugene's Becker Center. \$25 per person. For tickets call Richar Schoenstein at 707-892-3374 or Steve May at 707-592-8509.



Christ the King Passionist Retreat Center

Christ the King Passionist Retreat Center is at 6520 Van Maren Lane, Citrus Heights, CA 95621. Upcoming retreat:

Easter Triduum Celebration, March 28th–31st

"...do not be anxious about your life...Consider the lilies of the field"—*Matthew 6:25-28*. Presented by Fr. Joe Moons, C.P., Fr. Phillip Donlan, C.P., Fr. Welfen Xavier, C.P., Talib Huff, and Olivia Huff.

christthekingretreatcenter.org/event/save-the-date-easter-triduum-2024/

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