

STAR OF THE VALLEY Catholic Church

495 White Oak Drive
Santa Rosa, CA 95409

We members of Star of the Valley Parish gather around the central act of Catholic worship, the celebration of active participation in the Mass. As a Eucharistic centered people, we reach out to heal, console and listen in the spirit of truth and justice, with a preferential option for the poor, thus advancing as individuals and as a community into the image of Christ.

Pastoral Staff

Rev. Msgr. James Pulskamp, Pastor

Contact Numbers

Parish Office Phone: 707-539-6262
Answering service when the Office is closed.

E-mail: sov@sonic.net

Website: www.starofthevalley.org

Parish Office Hours

Monday–Friday, 8:30 a.m.-2:30 p.m.

Located in the Msgr. Fahey Parish Center
495 White Oak Drive, Santa Rosa, CA 95409-5939*

*This is the church and parish's mailing address.

Sharon A. Charlton, Office Manager

Anna Jean, Administrative Assistant

Welcome New Parishioners

Please sign the Newcomers Register
next to the side door in the back of the Church.

Mass Times

Weekday Masses: Tuesday-Friday **8:00 a.m.**

Oakmont Gardens: Wednesday **10:30 a.m.**

Sunday Masses:

Saturday **4:00 p.m. Vigil**, Sunday **10:00 a.m.**

Sacrament of Reconciliation

Saturday **from 3:00-3:30 p.m.** and by appointment

Anointing of the Sick

For appointment, email or leave a message in the office
for Anointing of the Sick by a Priest
when someone is hospitalized or homebound.

Ministry to the Sick & Homebound

Call the office to arrange visits by a
Eucharistic Minister for Holy Communion
when someone is homebound.



March 22/23, 2025—Third Sunday of Lent

Here I am

The scriptures for this Sunday focus our attention on the Lenten call to conversion. When God calls Moses by name in the reading from Exodus, Moses immediately responds, “Here I am!” and comes closer. He answers God’s call even though he is afraid and confused. In a similar way Christ calls each of us by name, especially in the sacraments of baptism and the Eucharist. During the season of Lent, he desires above all that we will answer, “Here I am!” and come closer to him. It is all right if we are confused or afraid. It’s even all right if we haven’t really listened for his call yet this Lent. Today’s scriptures give us a second chance to listen for Jesus’ call, to come closer to his voice, and to move farther away from sin in our lives.

Bearing Fruit

How can we tell when we are responding to Jesus’ call? For that we look to the metaphor of the fig tree in today’s Gospel parable. Through the sacraments, the scriptures, and the Christian community, Jesus Christ—the gardener—has been cultivating the ground around us and fertilizing us in the hope that we will bear good fruit. Will we? Are we barren because our root system doesn’t grow deep enough to tap into real spiritual nourishment? Is our growth stunted by choices we are making? Is our energy channeled into our healthy, flowering branches, or sapped by a hundred scrawny shoots? Do we turn in on ourselves and prevent the light of the Son from ripening what little fruit we bear? While the elect who are preparing for baptism scrutinize their lives to discover how Christ is calling them to conversion, all of us must scrutinize our lives as well. Those who are listening for Jesus’ call and turning to the sound of his voice will bear succulent fruit so the hungry can eat their fill.



Sunday, March 22/23, 2025

Third Sunday of Lent

Reading I: *Exodus 3:1-8a, 13-15*—

From a burning bush God promises redemption.

Responsorial: *Psalm 103*—The Lord is kind and merciful.

Reading II: *1 Corinthians 10:1-6, 10-12*—Do not grumble as the Israelites did.

Gospel: *Luke 13:1-9*—The just may suffer. The fruitless may get a second chance.



Annual Ministry Appeal 2025

If you have not already pledged or donated to this year's AMA, please do so today. We are counting on you to respond generously. Please use the envelopes available in the vestibule or give online at www.srdioocese.org.



Come to learn and be inspired!

Catholic Social Teaching Workshop

3:00-4:30 p.m.

Wednesday: March 26, 2025

At the Monsignor Fahey Parish Center
495 White Oak Drive, Santa Rosa

Sponsored by Star of the Valley's
Pastoral Council
No charge to attend.

MASS INTENTIONS—MARCH 22–30

Sat	22	4:00	† Agnes Apicella (Mike Apicella)
Sun	23	10:00	†† Norma & Frank Fitzpatrick (Mary Stone)
Mon	24		No Mass—Pray a Rosary
Tue	25	8:00	† Harvey Hoyt (Dennis & Micki Sabourin)
Wed	26	8:00	Intention of Liza Peters (Liza Peters)
		10:30	O.G. For the People of the Parish
Thurs	27	8:00	† Mary Lou Weinberger
Fri	28	8:00	† Msgr. Thomas Keys
Sat	29	4:00	†† Armin & Doris Tietze (Joey Cuneo & Michael Martin)
Sun	30	10:00	† Eric Ming Wai Lee (Tim & Barbara Burkhard)

Please keep the sick and those in need in your prayers: Barbara Ahluwalia, Dr. Mike Apicella, Gail Barrett, Jane Borr, Lisa Bragg, Jim Bricker, David Charlton II, Michael Curtis, Lola Danielli, Harriet Draper, Lisa Munoz Flores, Marcy Fox, Pope Francis, Randy Hakala, Rosemary Haver, Alan & Cheryl Hennessy, Millie McKay, Karen O'Malley, Carol Pascoe, Merle Reuser, Magda Shelton, Bob Spaulding, Lisa Sullivan, Baby Vincent, Marilyn Warman, Adrian Wells, and Dolores Zeni.

Also pray for those who have died: Marina Crosariol, Jim Haver, and Mary Lou Weinberger.

2024 Contribution Statements

If you would like a Contribution Statement of your donations to Star of the Valley Church in 2024, contact the office at 707-539-6262, or email sov@sonic.net.

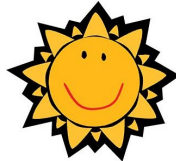
Electronic Giving



If you would like to support our parish through electronic giving, please scan the QR code or go to our website's

Donate Here page:

giving.parishsoft.com/app/giving/starofthevalleychurch.



Need a Little Sunshine?

The Women's Circle's Sunshine Committee would like to send a card to anyone who needs prayer or a little sunshine in their life due to illness or loss of a loved one. Please call any of our Sunshine Ladies: Paula Scull at 760-809-2760; Carole Kilgariff at 415-370-2083; or Janet Rosshirt at 707-293-4256.



This Weekend — March 22-23

4:00 p.m.

10:00 a.m.

EMs: Eva McGinn
Lector: Len Marabella
Server: Mary Kay Riccioni
Greeters: Bob Chapman
 Pat Chapman
Ushers: Ed Montague
 Michael Sotak

Kar Hofmann
 Bob Zeni
 Drew Hofmann
 Sue Cummings
 Tim Cummings
 Rick Ragan
 Clarence Younger

Next Weekend — March 29-30

4:00 p.m.

10:00 a.m.

Dennis Sabourin
 Connie Pearson
 Micki Sabourin
 Jan Rosshirt
 Ted Rosshirt
 Jan Rosshirt
 Ted Rosshirt

Barbara Spotleson
 Mike Hanlon
 Fritz Spotleson
 Mary Bell
 Kathy McKeon
 Tim Burkhard
 Clarence Younger

PARISH EVENTS—MARCH 23–30

Wednesday, **March 26**, 3:00 Catholic Social Teaching Workshop—Msgr. Fahey Parish Center

Weekly Collection Report

Mar 2	Mar 9	Mar 16	Weekly Goal
\$6,629	\$3,929	\$3,105	\$5,365

Note: The amounts consist of First collections, and Parish Repair & Maintenance gifts received during the weekend and preceding week.

Second Collections

This weekend's second collection will be for **Easter Flowers** to help decorate the church at Easter. Next weekend's second collection will be for **Catholic Relief Services & Campaign for Human Development**.

Catholic Relief Services & Catholic Campaign for Human Development

Next weekend's collection for Catholic Relief Services and the Catholic Campaign for Human Development supports programs that empower people to identify and address the obstacles they face in bringing permanent and positive change to their communities, provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Nearly 38 million people in the United States live in poverty, over 11% of the population. Learn more about the Catholic Campaign for Human Development at www.usccb.org/cchd, and Catholic Relief Services at www.usccb.org/catholic-relief.

Ushers Needed

Anyone interested in the important ministry of Ushers, and wanting to serve at Saturday, Sunday, or weekday holiday Masses, please contact the parish office at 707-539-6262. Make it a Lenten almsgiving gift of service.

Lent

Bishop David L. Ricken of Green Bay, Wisconsin, offers *10 Things to Remember for Lent*.

- 1 **Remember the formula.** The Church does a good job capturing certain truths with easy-to-remember lists and formulas: 10 Commandments, 7 sacraments, 3 persons in the Trinity. For Lent, the Church gives us almost a slogan—Prayer, Fasting and Almsgiving—as the three things we need to work on during the season.
- 2 **It's a time of prayer.** Lent is essentially an act of prayer spread out over 40 days. As we pray, we go on a journey, one that hopefully brings us closer to Christ and leaves us changed by the encounter with him.
- 3 **It's a time to fast.** With the fasts of Ash Wednesday and Good Friday, meatless Fridays, and our personal disciplines interspersed, Lent is the only time many Catholics these days actually fast. And maybe that's why it gets all the attention. "What are you giving up for Lent? Hotdogs? Beer? Jelly beans?" It's almost a game for some of us, but fasting is actually a form of penance, which helps us turn away from sin and toward Christ.

- 4 **It's a time to work on discipline.** The 40 days of Lent are also a good, set time to work on personal discipline in general. Instead of giving something up, it can be doing something positive. "I'm going to exercise more. I'm going to pray more. I'm going to be nicer to my family, friends and coworkers."
 - 5 **It's about dying to yourself.** The more serious side of Lenten discipline is that it's about more than self-control— it's about finding aspects of yourself that are less than Christ-like and letting them die. The suffering and death of Christ are foremost on our minds during Lent, and we join in these mysteries by suffering, dying with Christ and being resurrected in a purified form.
 - 6 **Don't do too much.** It's tempting to make Lent some ambitious period of personal reinvention, but it's best to keep it simple and focused. There's a reason the Church works on these mysteries year after year. We spend our entire lives growing closer to God. Don't try to cram it all in one Lent. That's a recipe for failure.
 - 7 **Lent reminds us of our weakness.** Of course, even when we set simple goals for ourselves during Lent, we still have trouble keeping them. When we fast, we realize we're all just one meal away from hunger. In both cases, Lent shows us our weakness. This can be painful, but recognizing how helpless we are makes us seek God's help with renewed urgency and sincerity.
 - 8 **Be patient with yourself.** When we're confronted with our own weakness during Lent, the temptation is to get angry and frustrated. "What a bad person I am!" But that's the wrong lesson. God is calling us to be patient and to see ourselves as he does, with unconditional love.
 - 9 **Reach out in charity.** As we experience weakness and suffering during Lent, we should be renewed in our compassion for those who are hungry, suffering or otherwise in need. The third part of the Lenten formula is almsgiving. It's about more than throwing a few extra dollars in the collection plate; it's about reaching out to others and helping them without question as a way of sharing the experience of God's unconditional love.
 - 10 **Learn to love like Christ.** Giving of ourselves in the midst of our suffering and self-denial brings us closer to loving like Christ, who suffered and poured himself out unconditionally on the cross for all of us. Lent is a journey through the desert to the foot of the cross on Good Friday, as we seek him out, ask his help, join in his suffering, and learn to love like him.
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Live Your Truth

Truth-telling is a central tenet of Judeo-Christian ethics. March 24 is World Day for Truth Concerning Human Rights, a focus that is essential because the loss of human rights is often built on lies stripping a group of people of their God-given dignity. Truth and honesty in the social sphere begin in small ways, with individuals living lives of personal integrity. As Saint Augustine says, "The greatest kindness one can render to any person is leading him to truth."

NEWS OUTSIDE THE PARISH
Catholic In Recovery Retreats

Catholic in Recovery (CIR) provides hope and healing for individuals and families seeking freedom from addiction, compulsions, and unhealthy attachments. Rooted in the Sacraments and the Twelve Steps of Recovery, CIR supports everyone on their recovery journey, welcoming all into a compassionate, faith-filled community.

CIR will host retreats at Our Lady of Peace Retreat House in Beaverton, Oregon. The Men's Retreat is **March 28-30**, and the Women's Retreat is **April 11-13**. These retreats offer a chance to encounter God's healing through inspiring talks, personal testimonies, Twelve Step principles, prayer, and the Sacraments, fostering community and deeper healing.

Register online by visiting: www.catholicinrecovery.com/events. See flyers on the bulletin board for more information.

Advance Care Planning Workshops

The Advance Care Planning workshop program guides individuals through the process of discerning and documenting their healthcare, end-of-life, and financial wishes. Each workshop is a standalone unit and participants may choose to take one, two, or all three. Each one will be on Saturdays from 10:00 a.m. to 12:00 noon, in Short Hall at Church of the Incarnation,

636 Cherry Street, Santa Rosa. Light refreshments will be served.

1. Advance Health Care Considerations, **April 5**
2. End of Life Considerations, Saturday, **April 12**
3. Property & Financial Considerations, **May 3**

For more information, see the flyer on the bulletin board. To register, scan the QR code on the flyer, or go to <https://www.incarnationsantarosa.org/blog/advanced-planning-workshop/>



Planned Giving

Regardless of your current income, with foresight and planning, you can continue to give to Star of the Valley Parish far into the future.

Gifts may be in the form of cash, property, investments, or a portion of an estate. In many cases there can be significant tax advantages.

For more information, pick up a *Heritage Friends* pamphlet and a *Planned Giving Statement of Intent*, or go to our parish website. Talk with your attorney, accountant, or financial advisor to help you determine the type of gift that is right for you and how you might include Star of the Valley Parish in your estate planning.

Pun Fun I tried to catch some fog. I Mist.



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