

STAR OF THE VALLEY Catholic Church

**495 White Oak Drive
Santa Rosa, CA 95409**

We members of Star of the Valley Parish
gather around the central act of Catholic worship,
the celebration of active participation in the Mass.
As a Eucharistic centered people, we reach out to heal,
console and listen in the spirit of truth and justice,
with a preferential option for the poor,
thus advancing as individuals and
as a community into the image of Christ.

Pastoral Staff

Rev. Msgr. James Pulskamp, Pastor

Contact Numbers

Parish Office Phone: 707-539-6262

Answering service when the Office is closed.

E-mail: sov@sonic.net

Website: www.starofthevalley.org

Parish Office Hours

Monday–Friday, 8:30 a.m.-2:30 p.m.

Located in the Msgr. Fahey Parish Center

495 White Oak Drive, Santa Rosa, CA 95409-5939*

*This is the church and parish's mailing address.

Sharon A. Charlton, Office Manager

Anna Jean, Administrative Assistant

Welcome New Parishioners

Please sign the Newcomers Register
next to the side door in the back of the Church.

Mass Times

Weekday Masses: Tuesday-Friday **8:00 a.m.**

Oakmont Gardens: Wednesday **10:30 a.m.**

Sunday Masses:

Saturday **4:00 p.m. Vigil**, Sunday **10:00 a.m.**

Sacrament of Reconciliation

Saturday **from 3:00-3:30 p.m.** and by appointment

Anointing of the Sick

For appointment, email or leave a message in the office
for Anointing of the Sick by a Priest
when someone is hospitalized or homebound.

Ministry to the Sick & Homebound

Call the office to arrange visits by a
Eucharistic Minister for Holy Communion
when someone is homebound.



June 14/15, 2025 –The Most Holy Trinity

A Banana & The Trinity

My favorite religion teacher in grammar school would often use everyday items to explain a term particularly difficult for us to grasp. When it came to describing the reality of the Holy Trinity, we were all surprised to see her hold up a banana at the front of the room. She peeled back the skin of the banana and sliced a half-inch thick piece from the center of the banana. She began to slowly roll the slice back and forth between her fingers and our eyes nearly popped out of our heads when the one slice seemed to separate magically into three equal sections. She said, “Each section is still a banana, yet each is distinctly taken from the whole banana.” There was something about this that made sense to each of us, as we struggled to figure out exactly how the Trinity “worked”—three persons in one God. I remember quite clearly running home that day and trying the exercise on a banana on our kitchen counter. I sliced that banana into about ten pieces and each time I rolled a slice back and forth in my fingers, behold, three distinct equal sections fell into my hand.

Awe in God's Presence

This image has remained with me and reenters my consciousness each time the Church celebrates the Solemnity of the Most Holy Trinity. Each year we stand before this mystery. Some of us try to wrap our brains around it. Others simply let the liturgical celebration pass us by. Perhaps this feast is calling us to do something that we normally don't do in this world of ours, which is so full of the practical. This day could simply be calling us to stand in awe at the presence and power of God. Today is the day to be reminded that ours is an awesome God, who, as Father, Son, and Holy Spirit, created us, redeemed us, and continues to break into our lives in surprising and mysterious ways.



Sunday, June 14/15, 2025

The Most Holy Trinity

Reading I: *Proverbs 8:22-31*—Holy Wisdom is God's playmate, God's creative companion.

Responsorial: *Psalm 8*—O Lord, our God, how wonderful your name in all the earth!

Reading II: *Romans 5:1-5*—Faith matures into a well-founded hope for God's promised glory.

Gospel: *John 16:12-15*—The Father, the Son, and the Holy Spirit are one in perfect communion.

SOLEMNITY OF THE MOST HOLY TRINITY

The Power In Three

Faith, hope, love; body, mind, spirit; life, liberty, the pursuit of happiness; executive, judicial, legislative: There's something satisfying and complete about a list of three. Good things come in threes, too: from "bacon, lettuce, and tomato" to "Peter, Paul, and Mary." Alert to the power of three, scripture uses it as the sum of completion. The prophet Jonah spends three days inside the fish to fully absorb a lesson in obedience. Jesus exits the tomb on the third day. We encounter God three ways: as Creator, Restorer, Sanctifier. O God of many faces—recreate, restore, bless our community!

Memorial of St. Romuald, Abbot—June 19

Take Your Place in Paradise

Romuald was a 10th-century Italian monk and teacher. He started life as a wealthy aristocrat but soon found his life of pursuing comfort and pleasure unsatisfying. He sought refuge in a monastery and discovered peace as a monk. Wishing to help others achieve fulfillment, he founded the Camaldolese Order of monks that blended the Christian hermit tradition into monastic life. His monks lived in individual cells but participated in some communal activities.

Romuald's rule of life put solitude and contemplation and meditation on the Psalms at the center of his order's spirituality. He wrote, "Sit in your cell as in paradise. Put the whole world behind you and forget it. Watch your thoughts like a good fisherman watching for fish. The path you must follow is in the Psalms—never leave it." Tap into this tradition and try finding a place of solitude and, with the Psalms handy, carve out some quiet time for contemplation in your busy day.

♥♥♥ Happy Father's Day! ♥♥♥

MASS INTENTIONS—JUNE 14-22

Sat	14	4:00	† Bob Waska (Frances Waska)
Sun	15	10:00	† Pat Marabella (Len Marabella)
Mon	16		No Mass—Pray a Rosary
Tue	17	8:00	† All Souls (P. Vu)
Wed	18	8:00	† Earl O'Grady
		10:30	O.G. For the People of the Parish
Thurs	19	8:00	† Tom Sosnowski (Fritz & Barbara Spotleson)
Fri	20	8:00	† John Passalacqua
Sat	21	4:00	† Jack Luceti (Linda Luceti)
Sun	22	10:00	† John J. Murray (Marcy Fox & Alan Gould)

Please keep the sick and those in need in your prayers: Barbara Ahluwalia, Dr. Mike Apicella, Gail Barrett, Jane Borr, Lisa Bragg, Jim Bricker, David Charlton II, Michael Curtis, Lola Danielli, Ki Daniels, Bob Esposito, Lisa Munoz Flores, Marcy Fox, Ted Gold, Randy Hakala, Rosemary Haver, Alan & Cheryl Hennessy, Lee Kern, Millie McKay, Karen O'Malley, Carol Pascoe, David Reuser, Magda Shelton, Bob Spaulding, Lisa Sullivan, Baby Vincent, Marilyn Warman, Adrian Wells, and Dolores Zeni.

Also pray for those who have died: Eleanore Schiro.

13 Years & Counting—We Are So Grateful!

Msgr. Pulskamp arrived at Star of the Valley Parish thirteen years ago and celebrated his first Mass here as pastor on June 18, 2012. Happy Anniversary Monsignor!

Spiritual Book Club

Men and women are invited to join in a reflection and meditation using the book *The Mystics Would Like a Word: Six Women Who Met God and Found A Spirituality for Today* by Shannon K. Evans. We will discuss Chapters 9 & 10 on Wednesday, **June 18**, 10:00–11:00 a.m. in the Quiet Room of the church.

What's in the Fireside Room?

All kinds of fabulous books and other media are in the Star of the Valley Fireside Room, aka the SOV library, including books written by some of our very own parishioners. Come on in to the library, inside the Monsignor Fahey Parish Center, any weekday during office hours.

You're welcome to browse, sit and read, and borrow on an honor-system from a variety of books and electronic media.



This Weekend — June 14–15

4:00 p.m.

10:00 a.m.

EMs:	Blanche Kaiser
Lector:	Bob Zeni
Server:	Connie Montague
Greeters:	Livie Brant Marietta Mancuso
Ushers:	Ed Montague Michael Sotak

Liz Garcia
Len Marabella
John Dolan
Ceal Geurts Kathy McKeon
TBD Clarence Younger

Next Weekend — June 21–22

4:00 p.m.

10:00 a.m.

Dennis Sabourin	Cristina Wadsworth
Judy Rodgers	John Knight
Micki Sabourin	John Dolan
Lisa Munoz Flores Sherry Rosevear	Mary Bell Tim Burkhard
TBD Judy Rodgers	Tim Burkhard Clarence Younger

PARISH EVENTS—JUNE 15–22

Sunday, **June 15**, Happy Father's Day!

Wednesday, **June 18**, Spiritual Book Club—Church Quiet Room

Thursday, **June 19**, Juneteenth—**Parish Office Closed**

Weekly Collection Report

May 25	June 1	June 8	Weekly Goal
\$3,519	\$5,045	\$4,526	\$5,365

Note: The amounts consist of First collections, and Parish Repair & Maintenance gifts received during the weekend and preceding week.

Second Collection



This weekend's second collection will benefit the work of the Mission **Diocese of Ngong, Kenya**. At both weekend Masses, **June 14–15**, we welcome Fr. Francis Kariuki Thumbi, who will tell us about the mission to evangelize in Ngong, Kenya, and the work of the 919 catechists there, both volunteers and

those who work full time. Funds are needed to help the ongoing formation of the catechists, and to purchase motorcycles and bicycles for those who come from areas with no roads and nonpaved roads. Please be generous.

Electronic Giving



If you would like to support our parish through electronic giving, please scan the QR code or go to our website's

Donate Here page:

giving.parishsoft.com/app/giving/starofthevalleychurch.

Trinity (A poem)

God

The One who was here before the world began
Formed the earth and then created man.

He is our gracious, loving Father,
all seeing and all knowing,
His loving care for His children ever showing,
ever growing.

Jesus Christ

The One who came to us of humble birth
To build a bridge between heaven and earth,
He who bore the weight of all our sin,
so that for hopeless man new life can begin.

The Holy Spirit

The One who was sent to show us the way, so that we
can live more like Him every day,
He guides us on this journey we have begun,
So that our lives can bear witness for the Son.

—Lanette Kissel, Evansville, Indiana

Fathers

It's only when you grow up and step back from him—or
leave him for your own home—it's only then that you can
measure his greatness and fully appreciate it.

—Margaret Truman

Celebrating June 19

Juneteenth is the oldest known celebration commemorating the ending of slavery in the United States. Dating back to 1865, it was on June 19th that the Union soldiers, led by Major General Gordon Granger, landed at Galveston, Texas with news that the war had ended and that the enslaved were now free. This was two and a half years after President Lincoln's Emancipation Proclamation, which had become official on January 1, 1863. In 2021, President Biden proclaimed June 19th, Juneteenth, a national holiday.

St. Joseph—A Quiet Man with Much to Say

By Archbishop Donald Wuerl

Father's Day, in the United States especially, has become a day to recognize the important place of dad. While the celebration itself may be focused on a Father's Day card, a gift, or a special meal, at its heart is the recognition that a father plays a singularly important role in the life of a family. Children need a father. Fathers have a God-given responsibility to their children.

Recognizing this, Pope St. John Paul II took action, holding up St. Joseph as a model of modern manhood. On August 15, 1989, he issued an apostolic exhortation on St. Joseph and the Catholic understanding of fatherhood—Redemptorist (*Guardian of the Redeemer: On the Person and Mission of St. Joseph in the Life of Christ and the Church*).

Just as we call Mary "Mother of the Church" because she is mother of Jesus who is head of the Church, so we look to St. Joseph, who was foster father of Jesus and his protector, as the "Patron of the Universal Church, Protector of the Church."

We can rejoice that St. Joseph through his marriage to Mary was caught up in the mystery of spiritual fatherhood and became a model of marriage, care of one's child, and an exemplar of the Holy Family. St. Joseph is a model to every believer and particularly for men in their role as father.

We are called to be actively engaged in our vocation, our calling from God, in a way that quietly but effectively spreads the faith and extends God's kingdom in everyplace and age.

Prayer to the Holy Trinity

Glory be to the Father,
Who by His almighty power and love created me,
making me in the image and likeness of God.

Glory be to the Son,
Who by His Precious Blood delivered me from hell,
and opened for me the gates of heaven.

Glory be to the Holy Spirit,
Who has sanctified me in the sacrament of Baptism,
and continues to sanctify me by the graces I receive daily from His bounty.

Glory be to the Three adorable Persons of the Holy Trinity, now and forever.
Amen.

Some people don't believe in heroes, but they haven't met my dad.
—Unknown

Prayer to God the Father of All Life

Eternal God, You have revealed Yourself as the Father of all Life. We praise You for the Fatherly care which You extend to all creation, and especially to us, made in Your image and likeness.

Father, extend Your hand of protection to those threatened by abortion, and save them from its destructive power. Give Your strength to all fathers, that they may never give in to the fears that may tempt them to facilitate abortions.

Bless our families and bless our land, that we may have the joy of welcoming and nurturing the life of which You are the source and the Eternal Father. Amen.

NEWS OUTSIDE THE PARISH

Food & Culture—Friendship Luncheon

St. Elizabeth Ann Seton Parish in Rohnert Park invites you to celebrate Filipino American Friendship Day with an afternoon of delicious food and lively entertainment at their parish hall on Sunday, **July 6**—all in support of their hall kitchen renovation project. Limited tickets will be available for purchase after Masses starting the weekend of June 7/8. \$25 per adult, \$20 per child, 12 and under for a plate of Chicken Adobo, Pansit, Lumpia and rice, with dessert and bottled water included. For more information or to reserve your ticket, please contact Jennifer Bedoka at 707-888-9672.



Married Couples Retreat

Rediscover the joy and depth of your marriage at “Finding Extraordinary Love in the Ordinary.” Inspired by the scriptures, this retreat invites married couples to renew their bond and uncover the beauty of everyday love. Through guided activities, meaningful discussions, and time for prayer and reflection, you'll strengthen your connection with your spouse and deepen your faith. Whether you're rekindling the spark or deepening your commitment, this weekend offers a supportive space to grow together. Come and celebrate the sacred journey of marriage in a community that embraces love, faith, and renewal. Join us for this inspiring experience!

Check-in at Christ the King Retreat Center begins at 4:30 p.m. on **July 11th** and concludes with the celebration of Sunday Mass on July 13 at 11:45 a.m. Snacks will be provided after Mass.

Visit christthekingretreatcenter.org/, [Click Here for More Information](#), or call 916-725-4720 ext. 301.

Holy Trinity

The Father is my trust, the Son is my refuge, the Holy Spirit is my protection. O Holy Trinity, glory to Thee.

—Byzantine Horologion,

Troparion at Nocturns, sixth century



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