

STAR OF THE VALLEY

Catholic Church

**495 White Oak Drive
Santa Rosa, CA 95409**

We members of Star of the Valley Parish gather around the central act of Catholic worship, the celebration of active participation in the Mass. As a Eucharistic centered people, we reach out to heal, console and listen in the spirit of truth and justice, with a preferential option for the poor, thus advancing as individuals and as a community into the image of Christ.

Pastoral Staff

Rev. Msgr. James Pulskamp, Pastor

Contact Numbers

Parish Office Phone: 707-539-6262
Answering service when the Office is closed.

E-mail: sov@sonic.net

Website: www.starofthevalley.org

Parish Office Hours

Monday-Friday, 8:30 a.m.-2:30 p.m.

Located in the Msgr. Fahey Parish Center
495 White Oak Drive, Santa Rosa, CA 95409-5939*

*This is the church and parish's mailing address.

Sharon A. Charlton, Office Manager
Anna Jean, Administrative Assistant

Welcome New Parishioners

Please sign the Newcomers Register
next to the side door in the back of the Church.

Mass Times

Weekday Masses: Tuesday-Friday **8:00 a.m.**

Oakmont Gardens: Wednesday **10:30 a.m.**

Sunday Masses:

Saturday **4:00 p.m.** Vigil, Sunday **10:00 a.m.**

Sacrament of Reconciliation

Saturday from **3:00-3:30 p.m.** and by appointment

Anointing of the Sick

For appointment, email or leave a message in the office
for Anointing of the Sick by a Priest
when someone is hospitalized or homebound.

Ministry to the Sick & Homebound

Call the office to arrange visits by a
Eucharistic Minister for Holy Communion
when someone is homebound.



**February 14/15, 2026 –
Sixth Sunday in Ordinary Time**

God & Lord

Only God is Lord. The Creator alone can touch us gently at the deepest core of our being. God does not invade us from outside to break down our resistances and rob us of our freedom, as a human tyrant does. The Spirit is already within, at the very heart of our being. Yielding ourselves to God is opening ourselves to that life-force that creates us and carries us on to an ever-fuller life. By yielding ourselves to God, we do not lose ourselves or find our dignity compromised. We discover ourselves in a new and exciting way.

More than any external work that Jesus did, his power to touch and transform the human heart marks him as divine. His is not the destructive dominance that is seen too often in human beings, but the creative dominance that is God's alone. The Christian discovers that Jesus is Lord, and therefore knows him as God.

The new law of the kingdom, as we hear it proclaimed in today's Gospel, places exacting demands on the Christian. It is not merely our religious practice of external behavior that comes under its scrutiny but our inner motives and desires. Jesus calls us to do God's will not only externally but with the right intention: to love and serve the Lord and give praise to God.

Is Ash Wednesday a Holy Day of Obligation?

Holy Days of Obligation are days Catholics should attend Mass and do their best to avoid unnecessary work. Contrary to popular belief, Ash Wednesday is not a Holy Day of Obligation for Catholics. While it's not an obligation many Catholics choose to attend Mass and mark the beginning of the Lenten season.

**Sunday, Feb. 14/15, 2026****Sixth Sunday in Ordinary Time****Reading I:** Sirach 15:15-20—There is set before you fire and water, life and death.**Responsorial:** Psalm 119—Blessed are they who follow the law of the Lord!**Reading II:** 1 Corinthians 2:6-10—Eye has not seen, ear has not heard what God has prepared for us.**Gospel:** Matthew 5:17-37—So it was said to your ancestors; but I say this to you.**2026 Lenten Regulations**

The Lenten Season is a time to prepare the faithful to celebrate the paschal mystery, and for the faithful—to prepare themselves by penance for the renewal of their baptismal promises.

The current discipline is as follows:

- Ash Wednesday, **February 18**, and Good Friday are days of fast and abstinence, that is, limited to a single, full meal and abstinence from meat.
- The other Fridays of Lent are days of abstinence from meat.
- The law of fasting permits only one full meal a day, but it does allow the taking of some food in the morning and a second light meal at noon or in the evening, as you prefer. Persons who have completed their eighteenth year to the beginning of their sixtieth (60) year are obligated to fast.
- The law of abstinence from meat applies to all persons who have completed their fourteenth year of age. However, it is highly recommended that children from ages seven to fourteen years also follow the law of abstinence.
- All Catholics are encouraged to receive Holy Eucharist frequently during Lent and to receive the Sacrament of Penance so that all may be prepared to celebrate more fully the paschal mystery.
- The determination of these days of obligatory penance, as listed above, should not be understood as limiting the occasions for Christian penance. This penance is to help us see and shorten the distance between our present lives and the life God wants for each of us. “Penance should not be only internal and individual but external and social.”

MASS INTENTIONS—FEBRUARY 14-22

Sat	14	4:00	†Jack Luceti (Linda Luceti)
Sun	15	10:00	†Dan Erlach (Lynette Erlach)
Mon	16		No Mass—Pray a Rosary
Tue	17	8:00	†John Bell (Mary Bell)
Wed	18	9:00	†Ava Guerrera
		10:30	O.G.—For the People of the Parish
		4:00	†Bob Flores (Lisa Munoz Flores)
Thur	19	8:00	†Kevin Barry (Bonnie & Mike Dines)
Fri	20	8:00	Intention of Marietta Mancuso
Sat	21	4:00	†Bob Waska (Frances Waska)
Sun	22	10:00	†Gayle Brinker (Bill & Terry Cutler)

Please keep the sick and those in need in your prayers: Dr. Mike Apicella, Jeremy Ayles, Gail Barrett, Irene Beagle, Fran Benton, Lisa Bragg, Jim Bricker, Suzanne Ciernick, David Charlton II, Bambi Clark, Shirley Collins, Lola Danielli, Bob Esposito, Lisa Munoz Flores, Marcy Fox, Rosemary Haver, Alan & Cheryl Hennessy, Dr. Leonard Klay, Marietta Mancuso, Gloria Márquez, Millie McKay, Richard Muzio, Karen O’Malley, Carol Pascoe, David Reuser, Vincent, Marilyn Warman, and Dolores Zeni.

Also pray for those who have died: Bob Spaulding.

**Annual Ministry Appeal 2026**

The work of the AMA is at heart your work, the work to which you are oriented by your baptism: the service of God through service of your brothers and sisters in Christ. Our parish goal this year is \$22,500.

By making a gift to the AMA, you are able to touch souls and change lives throughout our diocese. Thank you to all who have already pledged and contributed, moving us closer to our goal as a parish community. Every gift is sincerely appreciated!

Completed AMA pledge/contribution envelopes may be mailed directly to the diocesan office with the appropriate postage affixed. Or, you may put them in the collection basket at Mass.

Please remember to write

Star of the Valley on the

Parish line of the envelope or pledge card.

Telephone Teléfono
Parish Parroquia
<input type="checkbox"/> Preferiría recibir correos

Presidents' Day—Monday, February 16

The Parish Office will be closed this Monday, February 16. God bless our current president and administration, and our country and citizens with peace.

This Weekend — Feb. 14-15**4:00 p.m.****10:00 a.m.****Ash Wednesday — Feb. 18****9:00 a.m.****4:00 p.m.****Next Weekend — Feb. 21-22****4:00 p.m.****10:00 a.m.**

EMs:	Linda Luceti	Kar Hofmann	Bev Shelhart	Judy Rodgers	Sr. Joanne	Marge Lamb
Lector:	Len Marabella	Bowman Olds	Blanche Kaiser	Bob Zeni	Connie Pearson	Karen Schraga
Server:	Connie Montague	Drew Hofmann	Don Shelhart	Mike Hanlon	Connie Montague	TBD
Greeters:	Cathy Hardy Pete Hardy	Sue Cummings Tim Cummings	NA NA	NA NA	Livie Brant Michele Osmon	Mary Bell Kathy McKeon
Ushers:	Bev Shelhart Michael Sotak	Rick Ragan Clarence Younger	Steve Hipson Clarence Younger	Ed Montague Judy Rodgers	Ed Montague Michael Sotak	Steve Hipson Clarence Younger

PARISH EVENTS—FEBRUARY 14–21

Monday, **February 16**, Parish Office Closed—Presidents' Day
Wednesday, **February 18**, 10:00 Spiritual Book Club—
Quiet Room in the church

Weekly Collection Report

Jan 25	Feb 1	Feb 8	Weekly Goal
\$3,328	\$4,939	\$6,796	\$5,365

Note: The amounts consist of First collections, Parish Repair & Maintenance, and Holy Day gifts received during the weekend and preceding week.

Ash Wednesday Collection—February 18

This week on Ash Wednesday, we will take up the annual collection for the **Church in Central and Eastern Europe**. This collection supports the Church in more than 25 countries that are still struggling to recover from former communist rule. It also aids communities throughout the region that are affected by the war in Ukraine. Funds support pastoral care, catechesis, renovations of church properties, and seminary formation. Your contribution restores the Church and builds the future in this region. Please prayerfully consider how you can support the collection next week. You can find more information at www.usccb.org/ccee.

<https://www.igivecatholic.org/story/USCCB-CCEE> also accepts funds for this collection if you prefer to donate online.

Second Collection Next Weekend—February 21–22

Next weekend there will be a second collection for **Black and Indian Missions** which helps local African American and Native American Diocesan Communities throughout the United States to spread the Good News of Jesus Christ and respond to real and pressing needs on the ground.



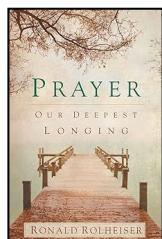
Electronic Giving

If you would like to support our parish through online giving, please scan this QR code or go to our website's **Donate Here** page: giving.parishsoft.com/app/giving/starofthevalleychurch. If you have questions or need help, please call Anna in the parish office M, T, Th, F at 707-539-6262.

**2025 EOY
STATEMENTS
NOW AVAILABLE**

2025 Contribution Statements

If you would like a Contribution Statement of your 2025 donations to Star of the Valley Church, please contact the office by phone at 707-539-6262, or email sov@sonic.net.



Spiritual Book Club

Men and women are invited to join in a reflection and meditation using the book *Prayer: Our Deepest Longing* by Ronald Rolheiser. Our discussion will be on Chapter 5, Wednesday, **February 18**, 10:00–11:00 a.m. in the Quiet Room at the church.



St. Patrick's Irish Dinner

50/50 Pot of Gold Raffle Keenan Irish Dancers

Thursday, March 19

At the Monsignor Fahey Parish Center
495 White Oak Drive in Oakmont

Cocktails & Hors d'oeuvres at **5:00** p.m.
Dinner to follow at **6:00** p.m.

Menu

Green Salad with Rolls
Corned Beef with Mustard
Cabbage, Guinness Carrots with Dill
Colcannon Style Potatoes & Dessert
Prepared by Chef Karl Turner

\$30 per Person

Full Cash Bar

To reserve a seat: Mail or drop off your check payable to **SOV Men's Club**.

To reserve a table for 8 (max.), put all checks paying for each person at your table in one envelope, and list each name on the outside of the envelope.

Unfortunately, adding names after making the initial dinner reservation will not guarantee additional seats at your table.

Seating is limited!

Seating is reserved based on the date your reservation and payment is received.

All reservations due by March 16, 2026

Questions?
Call Leila O'Callaghan at 707-888-8794.



Join us on a LENTEN JOURNEY

**Wednesday,
March 4, 2026
4:00-5:30 p.m.**

Msgr. Fahey Parish Center

Men and women of the parish are invited to join us on this spiritual journey to get to know Pope Leo XIV.

Enjoy a simple meal of soup, rolls, and water, and watch a YouTube movie titled **Leo from Chicago**.

Marcy Fox will lead the event and discussion about the movie.

The event, sponsored by the Women's Circle, is free for all parishioners and their guests.



Opportunities to Help Star of the Valley Parish

- 👉 Three Dinner Servers (men and/or women) are needed for our upcoming St. Patrick's Irish Dinner on Thursday, **March 19**. Join the fun and contact Leila O'Callaghan at 707-888-8794 to volunteer.
- 👉 A coordinator for our parish telephone tree is needed to continue this valuable ministry. For more information and to volunteer, please contact Leila O'Callaghan at 707-888-8794.
- 👉 Servers, Ushers, and Lectors are urgently needed for the Sunday 10:00 a.m. Masses. Please call the parish office at 707-539-6262 to volunteer.

NEWS OUTSIDE THE PARISH

A Lenten Opportunity—Sacraments

Lent begins February 18th with Ash Wednesday. Starting Monday, **February 23rd**, St. Rose parish will be offering a Lenten program on Sacraments. Learn about what sacraments are, and the Big Seven given to us by Jesus. It will be on six consecutive Monday nights from 6:30–8:30 p.m. in the Chapel Room of the Old Convent. Come join the always lively discussion and camaraderie while learning more about our magnificent faith. No reservations are necessary. You do not need to be present for every session. Come anytime. For more information or how to find the Chapel Room, contact Bernard Ciernick at 707-321-6882.



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please call Sharon at 707-539-6262.



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